

**Valley Medical Group, P.C.**  
**Clinical Policies and Procedures**

**Title: Exam Room and Bathroom Cleaning Policy**

**Purpose:** To maintain a clean environment to prevent disease transmission to patients and healthcare personnel .

**Policy:** Exam rooms and bathrooms available in each health center for patient care will be cleaned and disinfected to maintain a state of cleanliness to protect patients and healthcare personnel.

**Procedure:**

- After each patient visit, the exam room or bathroom will be cleaned and disinfected as follows:
  - The clinical staff will wear Personal Protective Equipment of mask, gown and gloves. Proper protocol for putting on and taking off PPE will be followed.
  - To appropriately disinfect surfaces and objects, the EPA approved Purple or White top Sani-Cloth will be used on the exam table, high touch surfaces of the faucets, sink, toilet handle and seat, countertops, light switch and desk. The EPA approved Green top Sani-Cloth will be used to disinfect the telephone and laptop/tablet.
- Cleaning technique:
  - Proceed from cleaner areas to dirtier areas to avoid spreading dirt or microorganisms.
  - Proceed from high to low to prevent dirt or microorganisms from falling and contaminating already cleaned surfaces.
  - Proceed in a systematic manner to avoid missing areas.
  - After an exam room or bathroom has been thoroughly cleaned and disinfected, the exam room or bathroom door will be opened and the room aired using a supplied timer for a minimum of 15 minutes.
- Signage to be posted on the door frame will alert custodial staff of exam rooms and bathrooms that were used and need to be cleaned at the end of each day
- Hand wash immediately after removing PPE with soap and water for 20 seconds.

**Approved Disinfectants:**

Purple Top: Super Sani-Cloth Germicidal Disposable Wipe

White Top: McKesson Disposable Germicidal Surface Wipes

Green Top: PDI Super Sani-Cloth HB Germicidal Disposable Wipe

**References:**

CDC, Cleaning and Disinfecting Workplaces, May 7, 2020.

CDC, Environmental Cleaning Procedures, April 21, 2020.

EPA , Steps for Safe and Effective Disinfectant Use, May 7, 2020

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